



### October 2019

#### PROPERTY MANAGEMENT

813.221.7474

[101eastkennedyhandbook.com](http://101eastkennedyhandbook.com)

- Lynn Vilmar - Sr. Property Manager
- Jennifer Johnson - Property Manager
- David Arscott - Chief Building Engineer
- Jennifer Bautista - Admin Assistant
- Mary Anne Quigley - Concierge

#### CBRE LEASING TEAM

- Philip Weber
- Barry Hanerfeld



# BANK OF AMERICA PLAZA

101 E Kennedy Blvd. • Tampa, FL 33602



#### DONUT GIVE UP HOPE FOR A CURE

In recognition of Breast Cancer Awareness Month, the Banyan Street Capital Management Staff will hand out donuts on Thursday, October 17th, from 8:00 am - 10:00 am in the 3rd floor lobby. Breast cancer is one of the most common kinds of cancer in women. National Breast Cancer Awareness Month is a chance to raise awareness about the importance of detecting breast cancer early. Make a difference! Spread the word about mammograms, and encourage communities, organizations, families, and individuals to get involved.



#### MAMMOGRAPHY MOBILE

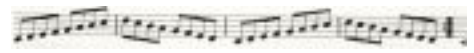
Bank of America Plaza will host the Tampa Bay Mobile Mammography on Tuesday, October 22, from 8:30 - 2:30. Please be aware of the following requirements before scheduling an appointment:

- \* 40 or older and one year from last mammogram, no script
- \* Under 40 requires a doctor's prescription
- \* Billed direct to major insurance
- \* No charge for 3D
- \* For more information and to schedule an appointment, visit [www.TampaBayMobileMammography.com](http://www.TampaBayMobileMammography.com).



#### HAPPY ANNIVERSARY

Hill Ward Henderson	33 years
US Legal	33 years
CEA	31 years
Lockheed Martin	19 years
Universal Reporting	4 years



#### LOBBY MUSICIANS

Oct. 2	Boris Lebedinsky, guitar
Oct. 9	Andrew Kendle, clarinet
Oct. 16	Lloyd Burry, piano
Oct. 23	Maria Laude, piano
Oct. 30	Lloyd Burry, piano



**BUILDING AMENITIES**

- Bank of America
- Caffe Fresco
- Caffe Fresco Marketplace
- Concierge Services
- Electric Vehicle Charger
- Fitness Center
- Jackson Dental
- KJ's Auto Detailing
- Live Musical Performances
- McNatt's Dry Cleaners
- Restless Styles
- Shoe Shine by Robert
- Stork Parking
- Tenant Conference Center
- Tenant Lounge
- The Tampa Club

**RETAIL**

- ARC Document Solutions
- Designing Eyes
- European Wax
- GenX Tavern
- Hotel Bar
- The Pint & Brew
- Tropical Smoothie



**BLOOD DRIVE**

Bank of America Plaza will have a Blood Drive on Tuesday, October 29th, from 10:00 a.m. to 3:00 p.m.

**JEWELRY SALE**

There will be a Jewelry Sale on Thursday, October 17th, from 10:00 am - 2:00 pm in Suite 225.

**FEEDING TAMPA BAY**

Thank you to all those who donated to our Food Drive. Your generosity is greatly appreciated.



Tampa Bay's Tailgate Taste Fest is Saturday, October 5th, from 3:00 pm - 10:30 pm in Curtis Hixon Park. This is a FREE and family-friendly event. Tailgate Taste Fest's robust schedule includes activities for the casual event-goer and the ultimate sports fan alike. Entertainment consists of a food competition with local restaurants serving up the most delicious tailgate foods Tampa has to offer, live music from local and national bands, a competitive corn hole tournament and, of course, live action from the day's most exciting college football games shown on huge LED video screens!



**POLICE MEMORIAL RUN**

The 25th Annual Tampa Police Memorial Run 5K & 1 Mile Run/Walk is Saturday, October 12th, at Lykes Gaslight Park at 8:00 am rain or shine. All finishers will be rewarded with Columbia Restaurant's Black Beans & Yellow Rice and their original "1905" salad. To register, please go to [imathlete.com](http://imathlete.com).



Join in the celebration with German cheer, dancing and singing to cooler weather and colder beer at Curtis Hixon Waterfront Park on Oktober 11th, 12th, and 13th. Oktoberfest Tampa is a time to learn new customs and sing a few songs. Help them tap the inaugural keg Friday, Oktober 11th, as they open the doors to Tampa's largest Oktoberfest.





### PIG JIG

Come out to Curtis Hixon Park on Saturday, October 19th, from 1:00 pm - 10:00 pm for a day of music, games and most importantly BBQ! This event is open to the public and is family- and pet-friendly. Country music star Jake Owen will be headlining the event. Over the past 8 years, the Pig Jig event has raised over \$4,000,000 with all proceeds benefiting NephCure Kidney International. So grab your koozie, bring your bib, and get ready to go hog wild at the 2019 Tampa Pig Jig on the river.



### TAMPA RIVERWALK TRICK OR TREAT

The 4th Annual Riverwalk Trick or Treat will take place on October 26th from 4:00 pm - 7:00 pm on the Tampa Riverwalk. Kids in costume along with their families are invited to Trick or Treat along parts of the Riverwalk as part of this FREE community event. Trick or Treat allows families the opportunity to visit approximately 50-60 stops between Water Works Park and MacDill Park!



## One Minute Chef

### Maple Apple Grilled Cheese

#### Ingredients:

- 1/4 cup maple syrup
- 1/4 teaspoon apple pie spice
- 3 tablespoons butter
- 8 slices whole-wheat bread
- 8 slices sharp cheddar cheese (1-ounce slices)
- 1 medium Golden Delicious apple, cored and cut into 16 thin slices
- 4 slices cooked bacon, coarsely chopped

#### Directions:

Mix maple syrup and apple pie spice. Set aside.  
 Butter one side of each bread slice.  
 Layer two slices of cheese and four slices of apple on each of four bread slices with buttered side down.  
 Sprinkle with chopped bacon, then drizzle with maple syrup mixture. Top with remaining bread slices with buttered side up.  
 Place sandwiches in large skillet or griddle on medium-low heat. Cook 3 to 4 minutes per side, or until bread is browned and cheese is melted.  
 Cook in batches, if necessary.

Find more recipes at [www.McCormick.com](http://www.McCormick.com).



### Wit & Wisdom

“The moon puts on an elegant show, different every time in shape, color and nuance.”

—Arthur Smith

“I still say, shoot for the moon; you might get there.”

—Buzz Aldrin

“Every phase of our life belongs to us.

The moon does not, except in appearance, lose her first thin, luminous curve, nor her silvery crescent, in rounding to her full.”

—Lucy Larcom

“I love to think that animals and humans and plants and fishes and trees and stars and the moon are all connected.”

—Gloria Vanderbilt

“The moon is a friend for the lonesome to talk to.”

—Carl Sandburg

“Those are the same stars, and that is the same moon, that looks down upon your brothers and sisters, and which they see as they look up to them, though they are ever so far away from us.”

—Sojourner Truth





“Summer ends, and autumn comes, and he who would have it otherwise would have high tide always and a full moon every night.”


—Hal Borland

“To some people, the impossible is impossible. One fine day, they wake up in the morning knowing that they will never hold the moon in their hands, and with the certainty, perfect peace descends on them.”

—Elizabeth Bibesco

## October 2019

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1	2 Boris Lebedinsky, Guitar 11:30-1:30	3	4	5
6	7	8	9 Andrew Kendle, Clarinet 11:30-1:30	10 	11	12
13	Columbus Day 14	15	16 Lloyd Burry Piano 11:30 - 1:30	17 Donut Give Up Hope Event 8:00 - 10:00 Jewelry Sale 10:00 - 2:00	18	19
20	21 	22 Mammography Mobile 8:30 - 2:30	23 Maria Laude Piano 11:30 - 1:30	24	25	26
27	28	29 Blood Drive 10:00 - 3:00	30 Lloyd Burry Piano 11:30 - 1:30	Halloween 31	 <b>OCTOBER</b> 	



**LOCAL**  
*events*  
explore | go | enjoy

### October 2019

**Through Oct. 20**  
**"Hue & Me"**  
 Dunedin Fine Art Center  
[www.DFAC.org](http://www.DFAC.org)

**Through Oct. 26**  
**Creatures of the Night**  
 Lowry Park Zoo  
[www.ZooTampa.org](http://www.ZooTampa.org)

**Oct. 8-13**  
**Roald Dahl's "Charlie and the Chocolate Factory"**  
 Straz Center for the Performing Arts  
[www.StrazCenter.org](http://www.StrazCenter.org)

**Oct. 11**  
**Chris Stapleton's All-American Road Show**  
 MidFlorida Credit Union Amphitheatre  
[www.LiveNation.com](http://www.LiveNation.com)

**Oct. 25, 26**  
**Latin Pops**  
 The Florida Orchestra  
[www.FloridaOrchestra.org](http://www.FloridaOrchestra.org)

**Oct. 31-Nov. 2**  
**Cirque du Soleil: "Axel"**  
 Amdalie Arena  
[www.AmdalieArena.com](http://www.AmdalieArena.com)

**Tampa**

Events, dates and venues are subject to change.